“The Clubhouse made transitioning into employment much smoother. It has improved my overall wellness.”

“I’m able to get out of bed and be surrounded with people.”

“Clubhouse has helped me with socialization and making friends. It is a good environment. Data entry has helped me get a job.”

“Going to the Clubhouse gives me something to do instead of sitting at home going crazy.”

“I love that we focus on employment and socialization.”

“I give Clubhouse 5 stars.”

“Clubhouse has helped me with socialization and making friends. It is a good environment. Data entry has helped me get a job.”

“Going to Clubhouse fills in a regularly scheduled routine as part of skills I may learn to utilize from this day forward.”

“The staff is wonderful and they’re very hospitable.”

“Prelude Clubhouse has significantly improved my quality of life. I don’t know what I would do without Clubhouse.”

“Prelude is awesome!”

“I quit coming for awhile, and thinking of the friendly people and important role I play is what brought me back. Thank you!”

“Life is good at the Clubhouse.”

“Prelude keeps me positive and with something to do.”

“I feel really safe and proud to be around the Staff Generalists and Executive Director because they’re the best friends you can ever have. I wouldn’t know what to do if I hadn’t met them.”

“I’d have to say the best thing about Clubhouse is getting to be more sociable and being out more often. I love going to Prelude because it helps me build better communication skills and I get to help the other members and staff.”

Member Testimonials (2019) | www.preludeclubhouse.org
**Clubhouses are proof that adults with mental illness can and do live productive, successful lives.**

**RECENT MEMBER SURVEYS SHOW HOW CLUBHOUSE SIGNIFICANTLY IMPACTS THE LIVES OF ADULTS WITH MENTAL ILLNESS, WITH:**

- 100% reporting Prelude Clubhouse provides helpful resources for employment, education, housing, transportation, and wellness.

- 100% reporting increased self-confidence and independence.

- 100% reporting they have noticed improvement in their skills, abilities, and talents.

- 100% reporting they have made new, meaningful friendships.

- 89% reporting the Clubhouse has helped them obtain a job and/or acquire job skills.

- 95% reporting increased overall life satisfaction.

- 100% reporting improved functionality.

- 100% reporting the Clubhouse provides a sense of belongingness and community.

- 100% reporting the Clubhouse has helped them succeed in various areas of their life.

**RESPONSES HIGHLIGHT THE IMPORTANCE OF SOCIALIZATION AND ONGOING SUPPORT IN RECOVERY, WITH:**

- 100% reporting Prelude Clubhouse effectively helps prevent isolation and psychiatric hospitalization.

- 95% reporting the Clubhouse effectively helps prevent incarceration/criminalization.

- 100% reporting the meaningful work and relationships at Prelude Clubhouse have a significant positive impact on their mental wellness.

- 100% reporting the socialization at Prelude Clubhouse has a significant positive impact on their mental wellness.

- 95% reporting Clubhouse as an important part of their treatment plan that provides unique resources needed for mental wellness that other treatment services do not.

- 89% reporting it would be significantly harder to cope with their illness without Prelude Clubhouse.

- 100% reporting the combination of Clubhouse and other mental health services is particularly effective for their recovery.