

## Meet Thien



Thien Nguyen – Prelude Member, Clerical Unit

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Thien has been a member at Prelude Clubhouse for over a year and is skilled at reaching out to members we haven't seen in awhile, helping our organization in reducing isolation and re-hospitalization of adults with mental illness in North Texas. Thien is a highly active Prelude Member, attending the program every day it's open, giving tours of our space, and making a number of significant contributions to the Clubhouse's growth. Some of her achievements include completing a 3-day Immersive Clubhouse Experience training at San Antonio Clubhouse alongside other Prelude Staff, accompanying Executive Director, Chelsea Robinson, and Board President, Mary Robinson, to the Austin State Capitol Building to advocate for increased state funding for Texas Clubhouses, and speaking at our Fall 2019 Music Fest fundraiser as well as several community presentations with other Clubhouse Colleagues. She loves talking about the importance of equality and acceptance across populations and has particular interest in topics related to cultural diversity and mental health awareness. Thien is a talented writer, singer, organizer, and knows multiple languages. Her favorite color is orange, which is reflected in her bright and cheery personality.

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## Meet Sumeet



Sumeet Gautam – Prelude Member, Clerical Unit

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Sumeet became a member at Prelude Clubhouse in 2019 and has not missed a day at Clubhouse in the last 6 months (and counting!). Sumeet is highly skilled with computers, our needs in both the Kitchen and Clerical Unit, and has an incredible abundance of wide-ranging knowledge. An integral person to our daily operations, Sumeet likes working at the Clubhouse to complete data entry, design new modules in our data tracking system, edit the organization's website and newsletters, sell lunch tickets in the kitchen, give tours, maintain daily record logs, and more. He also attends weekly committee meetings with the Prelude Clubhouse Board of Directors, assists the Executive Director with grant writing, and speaks at various community presentations with other Clubhouse Colleagues. With a wealth of knowledge about the DART public transportation system, Sumeet likes to assist others to find their best route to Clubhouse and has a great understanding of the Clubhouse International Model and Standards. With the help of Prelude, Sumeet has been able to move into a new house that is more suited to his lifestyle and transportation needs, hone skills that have led to new employment opportunities, better his communication skills, and form new, meaningful friendships.

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## Meet Chelsea



Executive Director, Prelude Clubhouse  
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Chelsea graduated from UT Dallas in 2016 with a Master of Science in Psychological Sciences. Since then, Chelsea has worked at Prelude Clubhouse for the last 3 years, coming on as staff shortly after the organization opened its doors in February 2017. She attended Clubhouse International 2-week training in 2018 at Gateway House in Greenville, SC alongside a Prelude Clubhouse Member, Board Member, and Staff Generalist. With a focus on new growth and development, Chelsea works at the Clubhouse with other Clubhouse Colleagues, oversees daily program operations, applies for grants, speaks at community presentations and networking events, works with the Prelude Board of Directors on various committees, and more. Since transitioning from a Staff Generalist role to Executive Director, the Clubhouse has quickly increased in membership (now over 40 total members), received several financial and in-kind grants, built up a number of community partnerships and referral sources, hired an additional Staff Generalist, established a Transportation Program that has assisted our members without access to public transportation or reliable rides more than 400 times in its first 6 months of operation, and has made significant progress toward extending our current days of operation to help adults that struggle with mental illness Monday-Friday, 5 days per week. Chelsea loves to share her knowledge of the Clubhouse International Model and Standards with others and advocate for mental health awareness and de-stigmatization of those with mental illness in the community. She has a firm belief that people and organizations across Texas must come together, share as much information as they can with one another, and participate in efforts that help each other foster success and fill the large gap in our community of continued and ongoing support for adults with mental illness.



“ Experienced director with a demonstrated history in health care and mental health. Master of Science (MS) in Psychological Sciences (University of Texas Dallas). Bachelor of Arts (BA) in Psychology (University of Arkansas). Emphases: Clinical, Developmental, Social Psychology & Psychological Research. Wide-ranging, comprehensive skill set combines with well-rounded background experiences to foster opportunities for success across disciplines. Mental Health | Mental Health Advocacy | Psychological Disorders | Human Behavior & Development | Childcare & Development | Customer Service | Sales | Social Services | Fundraising | Office Administration | Web & Social Media | IT Assistance | and more. ” – [Linkedin Profile](#)