










WHAT IS A CLUBHOUSE?

“Clubhouses are a powerful demonstration that people with mental illness can and do lead normal, productive lives”

-  A place to build self-confidence, self-esteem, and independence while reintegrating into the community
-  A psychosocial model emphasizing the importance of working together and fostering relationships
-  A psychiatric rehabilitation program that refers to persons with mental illness as “members” rather than clients or patients
-  A path to wellness and recovery through attainment of education, employment, and housing goals
-  A work-ordered day focused on strengths and abilities
-  A means to work through a transitional employment program
-  A resource for community-based education/crisis intervention information
-  An opportunity for decision-making relating to Clubhouse operations
-  A way to celebrate with after-hours social/recreational events

Prelude Clubhouse is a part of Clubhouse International, which includes more than 330 Clubhouses in 30 countries throughout the world.