STONEBRIAR MALL CRAWL

In November 2019, Prelude Clubhouse kickstarted the holidays with a monthly social to Stonebriar Mall in Frisco, Texas. Prelude Members and other Clubhouse Colleagues spent the day together walking to stores, getting ideas for gifts, shopping, eating lunch at the food court, exchanging plans for the holiday season, and more.

DALLAS ZOO LIGHTS

On 20 December 2019, Prelude Clubhouse had its monthly social at the Dallas Zoo Lights! Members, staff, and other Clubhouse friends enjoyed a trip to the Dallas Zoo, where more than a million Christmas lights were put up by Reliant Energy. The group rode the DART from Parker Road Station all the way to the Dallas Zoo Station to see the remarkable display of holiday lights, decorations, entertaining shows, zoo animals, cold-weather food and beverages, and other unique festivities. Thank you to the anonymous donor who allowed our Clubhouse family to come together for such a memorable holiday experience. It was (literally) LIT!

TOGETHER FOR THANKSGIVING

Prelude Clubhouse was open on Thanksgiving to celebrate the holiday with our Clubhouse friends and family. Those in attendance shared a delicious meal, including turkey, ham, stuffing, mashed potatoes, and an assortment of delightful desserts. The Kitchen Unit prepared some food for the meal during Clubhouse the previous day, and many items were brought the day-of by others in our Clubhouse community allowing for a potluck-style Thanksgiving feast! Leftovers were served the following Clubhouse day, so even those who could not make it to our lovely Thanksgiving celebration were still able to get a taste!

Top: Decorative whiteboard in the Kitchen displayed responses to “What Am I Thankful For?” on Thanksgiving Day at Clubhouse.

Bottom: The variety of tasty dishes served at Prelude Clubhouse for our 2019 Thanksgiving meal.

SAY HELLO TO PRELUDE’S NEWEST MEMBERS!

“My life without Clubhouse would be dreary, meaningless, and lonely. Every adult with mental illness should have access to a Clubhouse.”

- ANDREW FULLER, Clerical Unit

“The day goes by faster when I’m doing things here at the Clubhouse. I like talking to Gus.”

- DAVID NISWONGER, Kitchen Unit

A NEW YEAR FOR WELLNESS

Prelude Clubhouse celebrates the start of 2020 with our Holiday Wellness Packages! This year, we are focusing on improved health, reaching wellness goals, and creating a thriving environment for wellness at Clubhouse. Packages include a variety of health and wellness products, holiday goodies, healthy snacks, water bottles, and exclusive wellness items we received through in-kind grants. We thank Project Glimmer and 4imprint for all of your generosity and support!

INTRODUCING CLERICAL STAFF GENERALIST GUS CUTLIFF!

Prelude Clubhouse welcomes our new fantastic Staff Generalist Augustus “Gus” Cutfiff! Gus will be working in the Clerical Unit and driving the Clubhouse Express to help with our Transportation Program needs. We say thank you to Gus for bringing his positive energy, kind-heartedness, and amazing work ethic to our Clubhouse family!

SAY HELLO TO PRELUDE’S NEWEST MEMBERS!

“Do unto others as you would have them do unto you.” - Gus Cutfiff

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HOLIDAY GIVING

Following North Texas Giving Day and the Prelude Clubhouse Fall 2019 Music Fest, we continued fundraising efforts for end-of-year grants and donations by participating in a number of events, including Collins Aerospace Employee Giving Day in October 2019 and Giving Tuesday in December 2019. Prelude Clubhouse is dedicated to raising even more funds in 2020 to support its mission and help even more adults in North Texas that struggle with severe mental illness.

HOUSING UPDATES

Prelude Member Thien Nguyen had her group home assessment after Clubhouse on 30 December 2019. She had this assessment in order to move into the group home IHC Estates with other Prelude Members. Prelude Member Benjamin Bethel moved in with family in Princeton, Texas. Prelude Members Sumeet Gautam and Cris Vigo continue to enjoy their new residences located in Richardson and Plano.

BIRTHDAY CELEBRATIONS

Starting the month of January 2020, Prelude Clubhouse will celebrate member birthdays occurring each month with a birthday celebration on the last Thursday of each month. There will be a complimentary lunch for members with birthdays, as well as cake.

Lunch is served with fruit and salad at 12:30 PM for $1.50. Lunch menus and other helpful information can be found on the Member Portal at: http://www.preludeclubhouse.org/member-portal/

RSVP to lunch for any day by calling or texting the Kitchen Unit Lunch Line: 214-843-1173

We are grateful to have so many wonderful community supporters!
If you’d like to make a financial contribution, please fill out the information below and send it with your check to Prelude Clubhouse, P.O. Box 864301, Plano, TX. 75086.

Prelude Clubhouse is a 501(C)(3) non-profit organization.

Name__________________________________________ Street Address ________________________________________________
City__________________________________________ State_____ Zip Code___________ E-mail__________________________________________

Prelude Clubhouse
P.O. Box 864301
Plano, TX 75086
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